



We have a
'HOOT'
of a time!



Fellowship, Sharing, Education, & Exercise

July 2025 Programs

OWLS sessions include 11:30 A.M. SILVER STRETCH led by Kathy Mulvehill,
12:15 P.M. Lunch, 12:30 P.M. Program, 1:30 P.M. Departure.



NO OWLS
(Happy 4th of July)



NATIONAL CHOCOLATE DAY
(only 3 days late)

**DEHYDRATION
& HEAT STROKE**



**ENTERTAINMENT
by
WARREN PAUL**



PAPER PLATE AWARDS



A \$10 donation would be appreciated for each session.

RSVP appreciated but not required.

Transportation Available Upon Request – Call Kande Tabor at 585-520-6948.

First Baptist Church 175 Allens Creek Road Rochester, NY 14618

<http://kandeetabor.wixsite.com/owls>

