

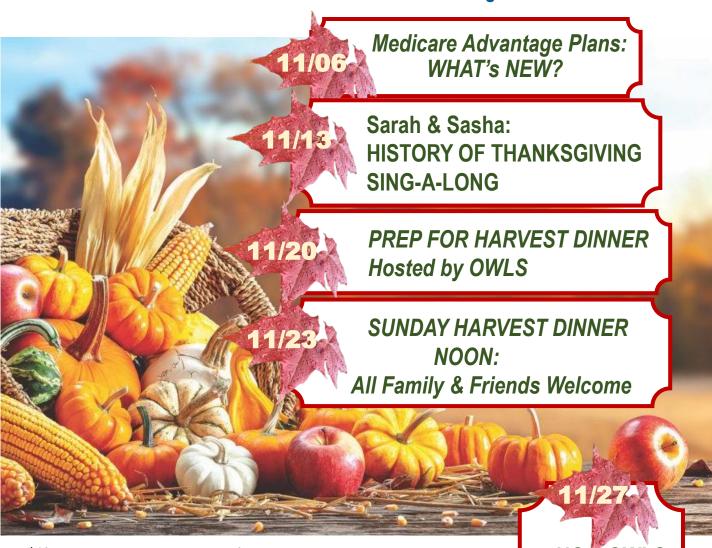


Fellowship, Sharing, Education, & Exercise

November 2025

Thursday Programs

OWLS sessions include 11:30 A.M. SILVER STRETCH led by Kathy Mulvehill, 12:15 P.M. Lunch and 12:30 P.M. Program.



A \$10 donation would be appreciated for each session.

RSVP appreciated but not required.

Transportation Available Upon Request – Call Kandee Tabor at 585-520-6948.

First Baptist Church 175 Allens Creek Road Rochester, NY 14618 http://kandeetabor.wixsite.com/owls

OWLS NO) Celebrate Thanksgiving With Gratitude